

# Kheer

*From Jo*

1 litre milk  
1/3 cup rice  
1/4 cup sugar  
10 almonds, chopped  
3 cardamon seeds, crushed  
Saffron, 7-8 threads



Bring milk to boil over high flame then reduce to moderate. Add rice and continue cooking for 25-30 minutes and milk thickens. Add sugar and cook 2-3 minutes longer. Add almonds, cardamon, and saffron.